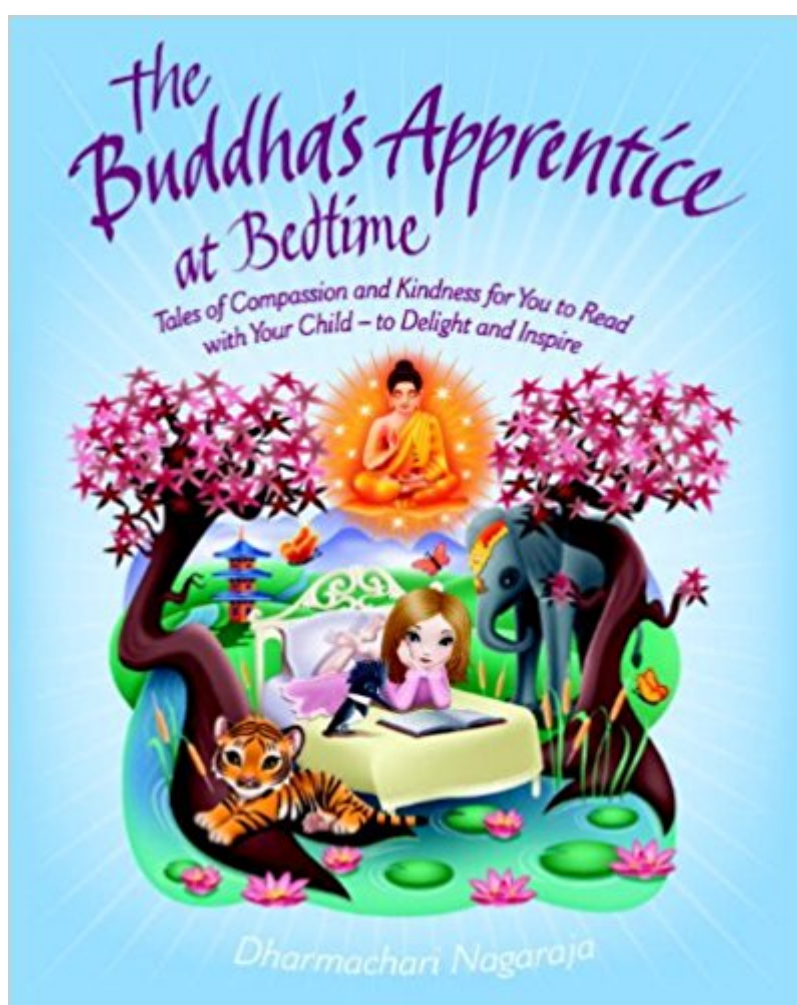


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The Buddha's Apprentice At Bedtime: Tales Of Compassion And Kindness For You To Read With Your Child - To Delight And Inspire



Synopsis

Master storyteller Dharmachari Nagaraja offers 18 beautifully illustrated bedtime stories, inspired by the Buddhist folk tradition, for parents to read to their children. Nagaraja weaves a thrilling narrative spell while conveying basic life lessons that will nurture children, calm their anxieties, and help them find peace and confidence. The tales explore themes from the Eightfold Path—Buddhism's practical route to a happy life—while gently teaching kids to speak kindly and truthfully, behave with compassion, and think selflessly.

Book Information

Paperback: 128 pages

Publisher: Watkins (June 4, 2013)

Language: English

ISBN-10: 1780285140

ISBN-13: 978-1780285146

Product Dimensions: 7.5 x 0.5 x 9.4 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 91 customer reviews

Best Sellers Rank: #95,248 in Books (See Top 100 in Books) #2 in Books > Children's Books > Literature & Fiction > Religious Fiction > Buddhist #82 in Books > Children's Books > Fairy Tales, Folk Tales & Myths > Anthologies #363 in Books > Parenting & Relationships > Parenting > Early Childhood

Age Range: 4 - 8 years

Grade Level: Preschool - 3

Customer Reviews

Dharmachari Nagaraja was ordained into the Western Buddhist Order in 1993 and is an experienced broadcaster. Now living in Glasgow, he works as a psychotherapist. He is the author of *Buddha at Bedtime* (Watkins).

The stories in this book have worthwhile messages for kids and adults. However, these stories use relational aggression and unkind language to set up these lessons. There are specific examples of people planning to be deceitful, lying, teasing, sarcasm, yelling and just being mean. Sometimes the way a lesson is "taught" to a character in the story is through an unkind act (i.e. "I let you see and feel what the little rabbit saw and felt as you hurt it.") I do not think exposing my children (4 and 6

y/o) to this is worthwhile when there are stories that teach virtues without specific ways to be unkind. If a person is unkind (I know this is reality) that can simply be said instead of providing examples specifically (see below for quotes). The lessons at the end are also a bit forced and preachy. At the end of most of stories (stopped reading them to my children after a few and skimmed the rest) I didn't feel at peace. The following are just a few examples from the book of dialog that I did not enjoy reading to my children: "You'd forget your own head if it wasn't stuck on" said her mother (to her daughter) "It's just a dumb animal" laughed Hazel "Are you a bit stupid? You talk to animals do you?" "Hey stupid pig get a move on." ... "Lazy pig!" cried Priscilla "Who are you calling stupid and lazy?" grunted Pig. "Guards lock up all the children" I have read the first Buddha Before Bedtime and I liked it much more. The stories seem similar to what the tales might have been originally and the messages are more blended into the story. I thought this would be as good and bought it before seeing it. I will return it. There are better books out there for stories that teach principles and/or virtues. I rate this three stars because this is just not my thing but I understand others might be fine with content - the intent is good.

My 4 and 6 year olds love this book. They love the stories and appreciate the lesson each one teaches. Their favorite part is the meditation. My Boys and I wish more were included. This book has become our bedtime routine, story, discussion of the lesson learned, then meditation, then bedtime. Through this books stories and meditations my boys are learning more about who they want to be in this world and in this life. I am also learning more about them. Awsome! Thank you "Buddha at Bedtime".

We absolutely adore this series of books. First off the book is a great quality. It is paperback but the cover and pages are a really nice, thick quality. Second the artwork is fantastic. Both my kids and I spend a lot of time just taking in the images. Third the stories are great. They all have a valuable moral and are presented in a way that is engaging and relatable to children.

This is SUCH a great book to read to your kids! My 4 yr old daughter loves it and it's the only book she brings me to read to her now. The life lessons are so good and its written and illustrated beautifully! Just get it, you won't regret it.

I love this book and purchased it after my children devoured the original book, buddha's apprentice. It was just as good as the original book. My children loved listening to all of the stories. The

teachings are so meaningful and appropriate to teach children. These kind of stories are very rare and I believe this kind of storytelling is just what our children need to hear more of. Bravo to the author!!

Well thought out stories for children, lovingly told. My kids adore these books. Kudos to the author for endeavoring to make these spiritual principles accessible to wee ones.

We have been reading these books to my son since he was very young. He's a worrier so these stories help him relax and see the positive things in life. Honestly, I think we (parents) enjoy the stories as much as he does!

These books are beautifully written and convey a strong moral message at the end of each one. Both my 4 year old and 7 year olds love to read them! These books will definitely be gifted to all my nieces and nephews! Very unique !

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